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### **“I am Divine, All The Time” Program – 4/15/09**

#### **Step 1. “I Am Divine All The Time” repeat out loud**

Use the VAHS Pro to take a voice sample of your group repeating “I Am Divine All The Time”.



The Rolls MX124 ProMix IV allows you to use 4 microphones rather than trying to use one microphone to capture the group voice sample. Do a quick search on-line to find the best price. They are available for around \$150. If you are unable to find one on-line contact us, and we will purchase it directly from Roll's for you.

The first step is a conscious command spoken out loud with confidence, and repeated 16 times (like you truly believe it.) This process sets the intent and acknowledges the Divinity of your Soul.

Place a bottle of Divine Concentrate on top of the VAHS for Imprinting.

Start playing the VAHS Pro voice analysis of the group or individual that was previously recorded. Have the group repeat the statement “I Am Divine All The Time” 16 times while the VAHS Tones are being played.

#### **Step 2. “I Am Divine” repeated silently**

The second step initiates the inner journey. We want you to gently release the thought "I am Divine" while focusing your attention on the movement of the thought. (We are not interested in feelings that arise as they are connected to the emotions. The purpose of the exercise is to maintain concentrated awareness on the thought, "I am Divine"). After approximately 5 to 10 seconds, return your attention back to self.


Pause in the silence for 1 or 2 seconds before again gently releasing the thought "I am Divine". Keep your attention on the movement of the thought "I am Divine". After approximately 5 to 10 seconds, return your attention back to self. Pause in the silence for 1 or 2 seconds and gently release the thought again "I am Divine".

During the meditation process you may ask yourself “WHO”, who is doing this process. Feel the doer.

**Continue to do this process for approximately 10 to 12 minutes.** Pausing for a couple of seconds before gently releasing the thought “I am Divine” again allows the mind to be lively but not directed, by it's own nature it will automatically seek the greatest source of charm. The greatest charm is to go within to the source of thought. This secret step encourages the awareness to go deeper.

We use the previous activity to engage the awareness and the few seconds of rest to dip deeper. Another example of this process occurs when the tones are playing. Our awareness is captured by the complex interference pattern. When the sound goes off for 10 seconds we are relieved and embrace the silence. Our awareness automatically goes within and on the level of consciousness we begin to hear phantom sounds. The phantom sounds indicate an increase in consciousness.

#### **Step 3. “Divine” repeated silently**



The purpose of the third step is to direct the awareness to dive even deeper into the fields of silence. We use the simple thought "Divine", as a powerful mental activity to stop mind chatter, and allow the awareness to gracefully tiptoe through the sleeping elephants (stresses and strains) without waking them.

Use the same process as you did in step 2, pause in the silence for 1 or 2 seconds and gently release the thought "Divine". Keep your attention on the movement of the thought "Divine". After approximately 5 to 10 seconds, return your attention back to self. Pause in the silence for 1 or 2 seconds, and gently release the thought "Divine". After approximately 5 to 10 seconds, return your attention back to self.

Remember to be aware of "WHO", who is doing this process. Feel the doer.

Using the principles of resonance along with support of the VAHS proprietary complex interference technology, the deeply stored stresses will be released and dissolve without the conscious mind qualifying the energy. Instead we become a witness rather than a victim to the conscious experience. Focusing on the vibratory movement of the thought "Divine" allows the body to naturally go into a state of self repair. This will encourage the awareness to go to deeper levels of charm (silence) which in turn allows deeper levels of stress to be released. Continue this process until the VAHS sound sequence stops, 32 minutes from start to finish. After the program is finished and you return to a conscious level, you will experience a natural state of bliss.

You will notice that there is a difference between:

**"I am Divine All The Time"** and **"I am Divine"** and **"Divine"**

We use this difference to take our conscious awareness from Beta to Alpha, Theta

As one's awareness is maintained in the stream of consciousness, these three steps will guide you from wanting to feeling to being. Using your voice as a guide, the VAHS technology through the gift of the Miracoil and Divine VAHS water, acts to release the deeply stored stress from the subconscious. When you combine this mental technique with the VAHS process, the "huggysuit" will begin to be directed by your soul.

"Innocence is the way we deal with phenomena" so rather than scripting how your experiences might unfold we suggest that you remain open to enjoy and embrace the journey of your divinity. No two journeys will be the same. I will say that if one can hold their attention on a thought expressed at a certain level of consciousness for a certain length of time that thought will produce fruit. At this stage of the game simply maintaining awareness is the goal. The spiritual gifts are already in the bag waiting to be delivered.

It is the most important step in one's liberation when they begin to reclaim their Divinity. One must begin the process of separating their awareness from the illusion of the huggysuit (body) to the Divinity of their soul. When interacting with friends and family, repeat the mantra silently. This process will loosen old patterns of sympathetic response while acknowledging your full attention on your Divinity. This is a very important technique. Do not encourage people to tell you their story. If you are repeating this mantra inside, you are radiating Divine energy which will support your friends and loved ones.

Divine Technologies like the VAHS Pro can only do so much through propriety Algorithms. No technology can override free will. It is up to the individual to reclaim their Divinity.

By commanding on yourself, you will establish resonance and entrainment. Starting a gentle command "I am divine all the time", you are focused on your Divinity. You will naturally avoid engaging in drama. Reclaiming your Divinity internally while in conversation with others allows you to naturally share your new found bliss. You are joyfully claiming the separation of the soul and the suit. You will be loved for your bliss and lightness. "Feeling Good is Good".